

Workshops led by Mind Me Solutions

Build Skillful Teams – Modern tools for leadership and teamwork

Fakulta podnikatelská VUT ve spolupráci s Mind Me Solutions z Finska vás srdečně zve na sérii tří interaktivních workshopů zaměřených na rozvoj týmů, leadership a moderní pracovní dovednosti. Workshopy probíhají v rámci třetího ročníku Innovation and Entrepreneurial Festival na Fakultě podnikatelské VUT organizované ve spolupráci s contriBUTe.

Workshopy jsou určeny pro všechny, kteří chtějí rozvinout své schopnosti práce v týmu. Workshopy jsou nejen pro studenty a vyučující, kteří rozvíjí týmovou výuku a podporu studentských firem, ale také pro manažery týmů, podnikatele, start-upy a výzkumné týmy. Workshopy povedou zkušené lektorky Marianne Murto a Mona Räsänen z Mind Me Solutions. Workshopy probíhají v angličtině. Každý workshop trvá 4 hodiny (včetně závěrečné diskuse a občerstvení). Kapacita každého workshopu je 25 účastníků. Je možné se přihlásit na všechny tři workshopy, nebo si vybrat jen některé z nich.

Registrace na workshopy zde: <https://forms.office.com/e/8SuysHHPz7>

Cena jednotlivých workshopů je 4500,-. V případě účasti na všech třech workshopech je celková cena 12000,-. Cena zahrnuje účast na workshopu, občerstvení, účast na diskusním fóru zaměřeném na problematiku networkingu a leadershipu v rozvoji začínajících firem (čtvrtek 23. 10. 2025) a účast na networkingu podnikatelských projektů a start upů (čtvrtek 23. 10. 2025). Uvedené ceny jsou s DPH.

V případě dotazů kontaktujte členku přípravného týmu Ing. Janu Andráškovou:

jana.andryskova1@vut.cz

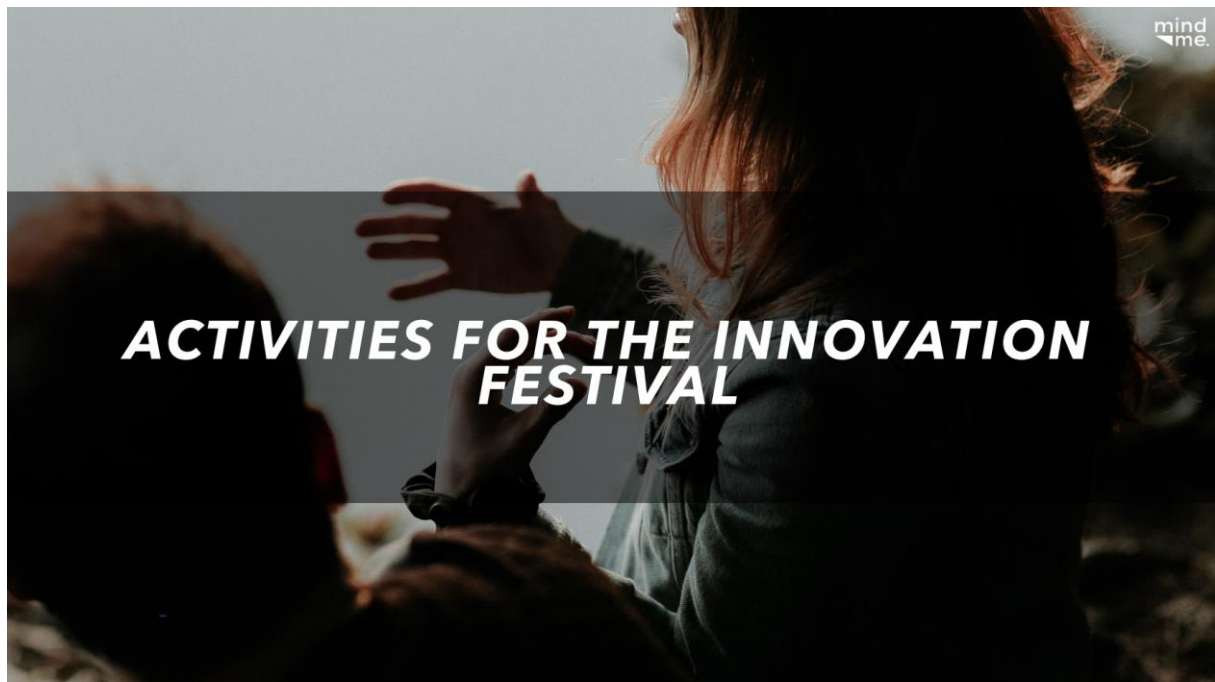
Invitation from Mind Me Solutions:

“Are you curious about modern work life, leadership, and how to build teams that truly thrive? In our interactive workshops, you’ll explore what makes a team skillful – and how leaders can support trust, learning, and performance through coaching and facilitation. Discover how to build psychological safety, navigate different team stages, and apply practical tools like the GROW model, feedback techniques, and the art of dialogue.

Whether you're a team lead, student, or simply curious about better ways of working together – this is for you. “

Marianne a Mona, Mind Me Solutions

[Mind Me: Team and leadership coaching for companies](#)



Mind Me Solutions Workshop terms and content

1. Workshop: Basics of Team Building – How to Build Skillful Teams?

Term: Thursday 23/10/2025, 9:00 – 13:00

Location: Inprofo Lab, Faculty of Business and Management, Kolejní 2906/4

Capacity: 25

What makes a team truly work? In this workshop, we'll dive into the foundations of team building and explore the key elements that help teams succeed in today's working life.

You'll learn:

- What skillful teams are made of – and how leadership supports them
- Why trust and psychological safety matter – and how to build them
- The leader's role in balancing safety and high standards
- How to create a team that performs, learns, and grows together

This session is suitable for anyone interested in leadership, teamwork, and building strong group dynamics.

Welcome to explore, reflect, and build your understanding of modern teamwork!

Register here: <https://forms.office.com/e/8SuysHHPz7>

2. Workshop: Team Coaching & Facilitation – Tools for Building Strong Teams

Term: Friday 24/10/2025, 9:00 – 13:00

Location: Inprofo Lab, Faculty of Business and Management, Kolejní 2906/4

Capacity: 25

How can coaching and facilitation support team development?

In this workshop, we'll explore how leaders and facilitators can help teams grow through practical coaching tools and methods. You'll learn:

- How to support teams at different stages of development
- Coaching techniques like open-ended questions and the GROW model
- Facilitation methods such as check-in/check-out, "me-we-us", "yes, and..." and Learning Café

This session is suitable for anyone interested in leadership, group dynamics, and practical tools for guiding teams.

Join us to discover how coaching can empower collaboration and growth.

Register here: <https://forms.office.com/e/8SuysHHPz7>

3. Workshop: Dialogue & Feedback – Essential Skills for Working Life

Term: Saturday 25/10/2025, 9:00 – 13:00

Location: Inprofo Lab, Faculty of Business and Management, Kolejní 2906/4

Capacity: 25

What makes a good conversation – and how can feedback help us grow?

In this workshop, we'll dive into the art of dialogue and feedback, exploring how these skills support learning, collaboration, and leadership. You'll learn:

- The principles of meaningful dialogue (inspired by William Isaacs)
- How to give and receive feedback – both positive and constructive
- How feedback can be used as a tool in coaching, teaching, and teamwork

This session is suitable for anyone who want to strengthen their communication skills and learn how to build trust and learning through dialogue.

You're warmly welcome to join us – let's practice the skills that shape great teams and leaders.

Register here: <https://forms.office.com/e/8SuysHHPz7>